

A Smartphone App for Summer Sun Protection



uv2Day App

This free smartphone app shows the current UV Index, its peak value, and its progression throughout the day in locations all over New Zealand. The UV Index measures levels of ultraviolet (UV) radiation from the sun. Data for the app are provided by NIWA.

Sun protection is recommended from September to April, when the UV Index is 3 or above, even on cooler, cloudy days. This app is helpful for those who work outdoors and want to avoid over exposure to UV radiation which increases skin cancer risk.

Download the free **uv2Day** app from Google Play or the App Store.

The UV Index can also be found at www.niwa.co.nz/UV-forecasts



Slip



Slop



Slap



Wrap



Shade